



Allergen Matrix

Lifton Autumn/Winter 2025

- Celery
- Crustaceans
- Eggs
- Fish
- Gluten
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- SO2
- Soya

Pri 5 Bean Chilli														
Pri Apple Cake					 Wheat									
Pri Banana Mousse Whip														
Pri Baton Carrots														
Pri Breaded Fish 60g														
Pri Broccoli & Cauliflower Cheese Bake					 Wheat									
Pri Brunch														
Pri Cajun Butternut & Bean Burger					 Wheat									
Pri Cheese & Bean Pasty					 Wheat									

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Chicken Bites					 Wheat									
Pri Chinese Style Vegetable & Bean Noodles					 Wheat									
Pri Chocolate Squash Brownie					 Wheat									
Pri Coleslaw (Raw)														
Pri Devon Beef Bolognese ONLY														
Pri Devon Beef Chilli ONLY														
Pri Devon Beef Cottage Pie														
Pri Fish Fingers					 Wheat									
Pri Fruit Jelly Trifle														
Pri Fruit Salad & Ice Cream														
Pri Garlic Bread Slice					 Wheat									

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Pri Homemade Focaccia Bread					 Wheat									
Pri Homemade Tomato & Herb Bread					 Wheat									
Pri Iced Bun					 Wheat									
Pri Jacket Potato With Cheese & Salad														
Pri Jacket Potato With Cheese, Beans & Salad														
Pri Jacket Potato with Tuna Mayonnaise & Salad														
Pri Lemon Drizzle Cake					 Wheat									
Pri Lentil & Vegetable Curry ONLY					 Wheat									
Pri Macaroni Cheese					 Wheat									
Pri Margherita Pizza					 Wheat									
Pri Mashed Potato														

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Meringue Topped Strawberry Mousse														
Pri Mild Chicken Curry ONLY					 <i>(Wheat*)</i>									
Pri Mozzarella & Tomato Pin Wheel					 <i>Wheat (Barley*, Oats*)</i>									
Pri Naan Bread					 <i>Wheat</i>									
Pri Oaty Cookie					 <i>Oats, Wheat (Barley*, Rye*)</i>									
Pri Peach & Apple Crumble & Custard					 <i>Oats, Wheat (Barley*, Rye*)</i>									
Pri Peach Crumble & Custard					 <i>Oats, Wheat (Barley*, Rye*)</i>									
Pri Raspberry Ripple Shortbread					 <i>Wheat</i>									
Pri Red Pepper Frittata														

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Roast Potatoes														
Pri Roasted Vegetable & Mozzarella Tartlet					 <i>Wheat (Barley*, Oats*)</i>									
Pri Salmon Fingers					 <i>Wheat</i>									
Pri Shredded Savoy Cabbage														
Pri Tomato & Mozzarella Pasta Bake					 <i>Wheat</i>									
Pri Vegan Bolognese ONLY														
Pri Vegetable & Mixed Bean Lasagne					 <i>Wheat</i>									
Pri Vegetable Quiche					 <i>Wheat</i>									
Pri Vegetarian Brunch					 <i>Wheat</i>									
Pri Vegetarian Sausage					 <i>Wheat</i>									
Pri White & Wholewheat Penne					 <i>Wheat</i>									

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Pri Yorkshire Pudding					 <i>Wheat</i>									
Vegetable Cottage Pie														

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 May contain  Does contain

*Allergens in brackets are a May Contain.